

# 7th Nordic-Baltic Bariatric Meeting

5–7 June 2024 | Turku, Finland

## Scientific Committee:

Paulina Salminen (Finland)  
Magnus Sundbom (Sweden)  
Jon A. Kristinsson (Norway)  
Andrea Karen Floyd (Denmark)  
Hjörtur Gislason (Iceland)  
Almantas Maleckas (Baltic countries)  
Simon Nienhuijs (Netherlands)

## Wednesday 5<sup>th</sup> of June, 2023

- 17.30 – 18.00 Registration and exhibition
- 18.00 – 18.05 **Welcome to Turku**  
prof. Paulina Salminen, Turku, Finland
- 18.05 – 19.00 **Nordic MBS status:** organizing countries (7 x 4+3 min)  
Sweden, Norway, Denmark, Iceland, Baltic countries, the Netherlands, Finland
- 19.00 – 20.00 **Young researcher:** organizing countries (7 x 7+3 min)
- 20.00 – 21.30 Tapas and networking

## Thursday 6<sup>th</sup> of June, 2023

- 08.00 – 08.30 Registration and exhibition
- 08.45 – 08.50 Opening of the congress  
prof. Paulina Salminen and Pipsa Peromaa-Haavisto, Finland
- 08. 50 – 10.30 Session I: Obesity is a chronic disease – new tools in the box**  
**Chairs:** Pipsa Peromaa-Haavisto, Finland and Simon Nienhuijs, the Netherlands
- 08.50 – 09.20 Speaker presentation by Paulina Salminen  
Key Note lecture: Obesity as a chronic disease (25+5 min)  
prof. Rachel Batterham, UK
- 09.20 – 09.40 IFSO Consensus 2023: Standardized definitions on obesity and MBS (15+5 min)  
prof. Paulina Salminen, Finland

09.40 – 10.10 Anti-Obesity Medications and surgery: 1+1>3 – How and when to use AOMs pre- and postoperatively? IFSO Consensus 2024 (25+5)  
prof. Rachel Batterham, UK

10.10 – 10.30 Panel and audience discussion: AOMs in the Nordic countries - another tool for also for bariatric surgeons?  
Moderators: Rachel Batterham, Kirsi Pietiläinen & surgeons TBA

**10.30 – 11.00 Coffee and exhibition**

**11.00 – 12.15 Session II: How to assess MBS outcomes?**

**Chairs:** Magnus Sundbom, Sweden and Andrea Karen Floyd, Denmark

11.00 – 11.20 SF-BARI Score (15+5)

prof. Paulina Salminen, Finland

11.20 – 11.45 Validation of the SF-Bari Score in DATO and SoREG (20+5)

Floris Bruinsma, MD, the Netherlands

11.45 – 12.00 SQOT initiative and the use of patient reported outcomes (PROMs) (10+5)

Ronald Liem, MD, the Netherlands

12.00 – 12.15 International Consortium Health Outcomes Measurement (ICHOM): Core outcome set for obesity (10+5)

Simon Nienhuijs, MD, PhD, the Netherlands

**12.15 – 13.30 Lunch and exhibition**

**13.30 – 14.45 Session III: Challenges of the hiatus and new procedures – pro-con viewpoints with EBM and discussion**

**Chairs:** Hjörtur Gíslason, Iceland and Jon Kristinsson, Norway

13.30 – 13.50 Pro-con: SASI and Omega loop (5+5/10)

Pro SASI: Jon Kristinsson, MD, PhD, Norway & Pro OAGB: Maud Robert, MD, PhD, France

13.50 – 14.10 Pro-con: SADI-S –re-inventing duodenal switch? (5+5/10)

Pro: Hjörtur Gíslason & Con: Magnus Sundbom, Sweden

14.10 – 14.45 EBM Hiatal hernia approach: 2 x 5+5 /15

14.10 – 14.30 Is hiatal hernia a contraindication for sleeve gastrectomy? (10+10)

Olli Helminen, MD, PhD, Finland

14.30 – 14.45 Large hiatal hernia – is hiatoplasty enough with LRYGB? (10 + 5)

prof. Almantas Maleckas, Lithuania

**14.45 – 15.15 Coffee and exhibition**

**15.15 – 16.15 Session IV: MBS: Cancer, NASH, and non-cardiovascular comorbidities**

**Chairs:** Paulina Salminen, Finland and Almantas Maleckas, Lithuania

15.15 – 15.45 Speaker presentation by Paulina Salminen

Key Note lecture (online presentation and live discussion): Cancer: risk, prevalence and mortality reduction (20+5)

prof. Ali Aminian, USA

15.45 – 16.10 Key Note lecture (online presentation and live discussion): NASH – one of the most common future indications from MBS? (20+5)

prof. Ali Aminian, USA

- 16.10 – 16.35 Nephropathy and MBS – best indications, optimal results and optimal timing?  
prof. Maria Eriksson-Svensson, Sweden
- 16.35 – 16.40 Warm-up: Nordic MBS Championship teams

### **Nordic MBS Championship**

#### **16.40 – 17.45 Nordic Championships: Who has the MBS dream team?**

Moderator: Simon Nienhuijs, the Netherlands

Commentators: Hjörtur Gislasson, Iceland, Kirsi Pietiläinen, Finland, and Kirsi Virtanen, Finland

Judges: Paulina Salminen, Finland and Magnus Sundbom, Sweden

- 18.30 – 19.30 Boat transportation to Naantali
- 20.00 – 00.00 Dinner and bus transportation back to Turku

### **Friday 7<sup>th</sup> of June, 2023**

#### **08.30 – 9.45 Session V: MBS in adolescents – increasing the access to treatment in the Nordic countries**

Chairs: Torsten Olbers, Sweden and Paulina Salminen, Finland

- 08.30 – 09.00 Long-term results of metabolic bariatric surgery in adolescents and optimal multidisciplinary team requirements for MBS in adolescents  
Kajsa Järholm, Sweden

- 09.00 – 09.20 Sleeve vs. bypass in adolescents – what do we know about the procedure choice?  
prof. Torsten Olbers, Sweden

- 09.20 – 09.45 Panel discussion: MBS in adolescents and guidelines in general – how to implement this in the Nordic countries? Nordic RCT?  
Panelists: associate professor of psychology Kajsa Järholm, Sweden, professor of pediatric endocrinology Harri Niinikoski, Finland, professor of pediatric surgery Mikko Pakarinen, Pipsa Peromaa-Haavisto, Finland, Almantas Maleckas, Lithuania, and Simon Nienhuijs, Netherlands

#### **09.45 – 10.15 Coffee and exhibition**

#### **10.20 – 12.15 Session VI: Optimal procedure selection and LRYGB limb lengths – EBM?**

Chairs: Ronald Liem, MD and Anne Juuti, Finland

- 10.20 – 10.45 Sleeve-Bypass trial 5-year results (20+5)

Ulas Biter, MD, the Netherlands

- 10.45 – 11.10 BEST trial 2-year results (20+5)

Torsten Olbers, MD, PhD, Sweden

- 11.10 – 11.35 Optimal limb lengths in LRYGB – EBM?(20+5)

Kamran Shah, MD, Sweden

- 11.35 – 12.00 5-year outcomes of one-anastomosis gastric bypass: the YOMEGA randomized trial (20+5)

Maud Robert, MD, PhD, France

- 12.00 – 12.10 Discussion

- 12.10 – 12.15 Feedback and closing remarks

prof. Paulina Salminen, Finland

- 12.15 – 13.30 End of day 3: lunch**